

## **Diary Entry**

- Start with a sentence describing the day.
- Mention whom you helped.
- Explain the situation in which the other person needed help.
- Add the place and time of the day when the situation arose.
- Describe how you helped the other person.
- Describe the reaction of the person you helped.
- Mention how you felt during and after helping the person.
- Conclude by mentioning why you would do something like this again.

**Write a diary entry about a day you helped someone in need. Include details about who they were, what happened, where and when it occurred, how you helped, their reaction, and how the experience made you feel. (120 words)**

26 April 2026, Saturday

8:00 p.m.

Dear Diary,

Today, I feel was a special day because I had the wonderful opportunity to make a real difference in someone's life.

This afternoon, around 3:00 p.m., I was walking home from the local library when I noticed an elderly woman named Mrs. Sharma, who lives just a few blocks away from me. She was standing near the busy main intersection, looking incredibly anxious and distressed. Her heavy grocery bag had completely torn from the bottom, and all her fruits, vegetables, and canned goods were scattered across the dusty pavement while cars rushed past.

Seeing her struggle, I immediately rushed over to help. I asked her to stay safely on the sidewalk while I carefully gathered all her scattered groceries from the ground. Luckily, I had a spare canvas tote bag in my backpack, so I packed everything securely inside for her and offered to carry it the rest of the way to her house.

Mrs. Sharma looked immensely relieved, and a bright, warm smile spread across her face. She kept thanking me repeatedly and even patted my head affectionately, saying that kindness like this is rare to find these days.

While I was helping her, I felt a deep sense of responsibility, and afterward, a wave of pure happiness and fulfillment washed over me. Knowing that a small, simple action of mine could completely turn someone's stressful day around is an incredible feeling. I would absolutely do something like this again because helping others not only brings joy to them but also fills my own heart with profound peace and gratitude.

Goodnight,

Abhijit